

## HEALTH HISTORY - WOMEN

Date: \_\_\_\_\_

Last Name	First Name	Middle Initial	Age	Date of Birth
Street Address		City	State	Zip
Home Phone		Work Phone	Cell Phone	
Referring Physician		Office Phone	Your Religion	

### MEDICAL HISTORY (CURRENT & PAST)

Height: \_\_\_\_\_ Current Weight: \_\_\_\_\_ Highest Weight: \_\_\_\_\_ Lowest Weight: \_\_\_\_\_

Allergies: \_\_\_\_\_ Reaction: \_\_\_\_\_

 Current Medications/Vitamins/Supplements (Please include dose):  
 \_\_\_\_\_  
 \_\_\_\_\_

 Surgical History (Please include name of surgery, date and where it was performed):  
 \_\_\_\_\_  
 \_\_\_\_\_

 Current Use of Complementary Medicine (i.e. herbs, acupuncture, etc.):  
 \_\_\_\_\_  
 \_\_\_\_\_

Any history of blood transfusion? .....No Yes

### HISTORY OF:

Anemia .....	No	Yes	Diarrhea .....	No	Yes	Kidney/Urine Infections.....	No	Yes
Anxiety .....	No	Yes	Eating Disorder.....	No	Yes	Lupus .....	No	Yes
Asthma.....	No	Yes	Emphysema .....	No	Yes	Pituitary Disease .....	No	Yes
Bipolar Disorder .....	No	Yes	Gallbladder Disease .....	No	Yes	Pneumonia .....	No	Yes
Blood Clot (in lung or leg)....	No	Yes	Headaches .....	No	Yes	Psychosis.....	No	Yes
Cancer.....	No	Yes	Hepatitis A / B / C .....	No	Yes	Reflux/Indigestion .....	No	Yes
Colitis .....	No	Yes	Heart Murmur .....	No	Yes	Rheumatoid Arthritis .....	No	Yes
Constipation.....	No	Yes	High Blood Pressure .....	No	Yes	Seizures.....	No	Yes
Chickenpox/Vaccine.....	No	Yes	HIV/AIDS.....	No	Yes	Sleep Apnea .....	No	Yes
Depression .....	No	Yes	Hyper/Hypothyroid.....	No	Yes	Tuberculosis.....	No	Yes
Diabetes .....	No	Yes	Irritable Bowel Syndrome.....	No	Yes	Other .....	No	Yes

 If you answered **YES**, please explain:  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

## **FAMILY HISTORY**

Breast Cancer.....	No	Yes	Early Menopause .....	No	Yes	Obesity.....	No	Yes
Colon Cancer .....	No	Yes	Heart Disease .....	No	Yes	Ovarian Cancer .....	No	Yes
Diabetes .....	No	Yes	High Blood Pressure .....	No	Yes	Other .....	No	Yes

If you answered **YES**, please explain:

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## **GENETIC HISTORY**

Your Ethnic Background: \_\_\_\_\_ Your Partner's Ethnic Background: \_\_\_\_\_

*Is there a history in your family or your partner's family of:*

Bleeding Disorder.....	No	Yes	Hydrocephaly .....	No	Yes
Bone Disorder/Short Stature (<5ft).....	No	Yes	Limb Defect .....	No	Yes
Chromosomal Abnormality .....	No	Yes	Mental Retardation .....	No	Yes
Cleft Lip/Palate.....	No	Yes	Muscular Dystrophy .....	No	Yes
Cystic Fibrosis .....	No	Yes	Sickle Cell .....	No	Yes
Down Syndrome .....	No	Yes	Spinal Bifida/Anencephaly.....	No	Yes
Fragile X Syndrome.....	No	Yes	Tay-Sachs.....	No	Yes
Genital Abnormality .....	No	Yes	Thalassemia.....	No	Yes
Heart Defect (as a child) .....	No	Yes	Other .....	No	Yes

## **FERTILITY HISTORY**

*If Partnered:*

- Name of Partner: \_\_\_\_\_
- Duration of marriage/relationship: \_\_\_\_\_ (months/years)
- Duration of unprotected intercourse: \_\_\_\_\_ (months/years)

Frequency of intercourse (per week): \_\_\_\_\_ More during Midcycle/Ovulation? ..... No Yes

Do you achieve orgasm? Never Sometimes Usually Always

Is intercourse painful to either you or your partner? No Yes – Self Yes – Partner

\*For a **MALE** partner – does he ejaculate during intercourse? ..... No Yes

Are lubricants used?..... No Yes (please specify: \_\_\_\_\_)

Children from prior relationship? ..... No Yes – Self Yes - Partner

- How long to conceive?..... Self \_\_\_\_\_ Partner \_\_\_\_\_

*Do you have a history of:*

Appendicitis.....	No	Yes	Excessive Hair Growth.....	No	Yes	Infertility Evaluation.....	No	Yes
Breast discharge.....	No	Yes	Gonorrhea.....	No	Yes	Infertility Treatment.....	No	Yes
Chlamydia Endometriosis.....	No	Yes	Hot Flashes .....	No	Yes			

## **OBSTETRIC & GYNECOLOGIC HISTORY**

Total # of Pregnancies: \_\_\_\_\_ Term: \_\_\_\_\_ Premature: \_\_\_\_\_ Miscarriage: \_\_\_\_\_ Abortion: \_\_\_\_\_ Living: \_\_\_\_\_

Complications of Pregnancy: \_\_\_\_\_

Contraception: Oral Pills IUD Other: \_\_\_\_\_ \*Total # of months/years: \_\_\_\_\_

Menstrual History:

First Day of Last Period: \_\_\_\_\_ Duration of Flow: \_\_\_\_\_ Length of Cycle: \_\_\_\_\_

Heavy/Irregular Bleeding?..... No Yes | Pain with Menses? ..... No Yes | Other Pelvic Pain? ..... No Yes

Date of Last Pap: \_\_\_\_\_ Result?: \_\_\_\_\_ History of Abnormal Pap?: \_\_\_\_\_ Last Mammogram: \_\_\_\_\_

## **SOCIAL HISTORY**

Marital Status: Single Married Separated Divorced Widowed Domestic Partnership

Occupation: Student Retired Disabled Employed Unemployed

- Name of occupation or school: \_\_\_\_\_

Exercise (how often, duration, types of exercise): \_\_\_\_\_

Dietary Habits (# of meals daily, # of fruit/vegetable servings, daily caloric intake): \_\_\_\_\_

Do you smoke cigarettes/cigars? Never Current (packs per day: \_\_\_\_\_) Past History (packs per day: \_\_\_\_\_)

Do you drink alcohol? Never Current (# of drinks weekly: \_\_\_\_\_) Past History (# of drinks weekly: \_\_\_\_\_)

*Any History of:*

IV Drug Use Sex with IV Drug User Sex with a homosexual/bisexual person At Risk for HIV/AIDS

Total number of Lifetime Partners: \_\_\_\_\_

*\*If you have any history of or currently use Marijuana/Cocaine or other addictive drugs – Please tell the physician verbally\**